

Self as the defining part of the universe. This is the manifestation of the Theosophical postulate "All in All"¹³⁶. According to quantum physics, the Consciousness of the Subject creates worlds, manifesting a single field of consciousness in actualized Reality, through which the "Absolute Consciousness, however, the only Self-Reality" is manifested¹³⁷.

SPIRITUALITY AS CRAVING TO PERFECTION

Svitlana Havrylenko
Ukraine

*President of the Theosophical Society in Ukraine,
Chairman of "Committee for Ethics and Humanitarian Expertizing",
Chairman of Organizing Committee of International Forum
"Ways of Spiritual Development for Man and Society"*

There were many attempts of determination of such concept as spirituality. Its importance we see not in withstand determinations, but in deepening of understanding of this concept.

Some work has already been done. This feature article is to some extent an invitation to reflection, summarizing for the sake of continued consideration of this topic, and does not claim to dot the i's.

Undoubtedly, true spirituality manifests itself in the daily life of man, in his thoughts and actions, which correspond to the highest ethical ideals, the basis of which are the principles of the common Good, Love, Truth, Justice, Beauty.

Spirituality is inherent in a highly evolved human consciousness that perceives the phenomena of the Spirit and flows through itself.

In its highest sense, spirituality is an experience of oneness with a higher primary, emotionally experienced by a person in the form of feelings of joy, fullness of being, peace, spiritual clarity, warmth of heart. Mentally it is characterized as being able to find answers to the questions within, this state is also called "staying in Truth".

What traits do we give to a person, we want to call a spiritual authority, spiritual leader? It foremost:

- Awareness of higher principles and values as guiding ones;

¹³⁶ Blavatsky H.P. The Secret Doctrine. - M.: Progress-Culture, 1992. - Vol.1. 384 p.

¹³⁷ Ibid. P. 36.

- Non-antagonistic life position, ability to think not from confrontation, but from unity;
- Vital wisdom, that does not teach, but induces to understanding of reasons of events and phenomena that take place around a man and inside his/her consciousness;
- Private life purity, that allows to be a moral example for others, a positive role model;
- Unity of the proclaimed principles and individual life;
- Holistic consciousness, the ability to see integrity in multiplicity;
- An ability for the knowledge and impressions transmission, as well as the internal state of stability and harmony;
- Readiness to self-sacrifice in a fight against ignorance/incompetence;
- Realization of beauty and its implementation;
- Selfless active love;
- Inner self-freedom and respect to free will of others;
- Voluntarily acceptance of responsibility – for oneself, for loved ones and others, for the people, humanity, the planet.

Spirituality is manifested in the daily life of an individual in such ways:

- in love to neighbors and the whole world;
- in an anxiety about common good, deep internal conviction that good for all is also good for oneself, acting exactly from such life-setting;
- in aspiration to wonderful, perfect in the actions, in work;
- in humanity, compassion, tolerance,
- in generosity, selflessness, friendliness;
- in selflessness, courage;
- in diligence,
- in self-control, prudence, responsibility, sincerity;
- in pure motivation at the beginning of any deed, consistent with one's own conscience. Dedicating any action to God you believe in.

Spirituality manifests itself in various spheres of human activity in such ways:

- In the field of morality - higher moral qualities, the principle of "do no harm",
- In an art – beauty,
- In the social sphere, selfless activities in the interest of the common good,
- In religion, the realization of the highest spiritual divine principles,
- In science, a sincere unconditional pursuit of knowing the truth.

Striving for the highest inner qualities, we improve ourselves. And this is the most difficult task we have to deal with. And each of us must at least realize this need and want to do it. Changes in society begin with those internal changes that we will decide upon. And this will be the key to the desired changes in our country's life. These changes are already happening in the world, and in our country, we can find our place in this noble work, in this serving.

Directions for the Spiritual Revival of Ukraine

- The development of a complementary education system for all segments of the population that emphasizes issues of outlook, life goals, psychology, healthy lifestyles, it is also development of creative potential of personality, creative workshops, design studios;
 - Involvement of volunteer and philanthropic assistance to improve the functioning of the social sphere, in particular such forms of social work as: psychological counseling, legal aid, nursing service;
 - Creation of effective sector of civil self-governing, support for civil initiatives;
 - Improvement of the informational environment of citizens' existence throughout the country;
 - Establishment of a network of state and public committees of ethical expertise, granting extraordinary powers to the state ethics committee;
 - Development and state support of physical culture and mass sport network;
 - Development and implementation of the state system of patriotic education and enhancement of the cultural level of citizens through the network of public television and radio broadcasting;
 - Development of the public checking system of ecological indexes in all regions.

I am sure that there is nothing substantially new for many. Why do we want to say these noble words again? Is it not because we know it well but do not always **practically embody** it?

That is why it is desirable to repeat these words **to reproduce inner ideals**. The majestic, the beautiful and the high are not out there. It is always with us. But sometimes we forget about it and separate this reality from our lives. So, let us allow our inner images of perfection to lead the

way in our lives. Feeling this spiritual urge, letting it manifest in our lives, **we will** actually **change ourselves**, our life orientations, our values. And then the world around us will change. So, let us become ourselves **bearers of the changes** we want to see around us, in the world that surrounds us. Let's support each other on this noble path.

A MATTER OF CONSCIOUSNESS IN MODERN SCIENCE AND BLAVATSKY TEACHING

Alexander Prygunov
Ukraine

*Doctor of Technical Sciences, Professor,
Member of TS (Adyar)*

At the turn of the third millennium, scientists in various fields of science are turning to a deep study of the phenomenon of consciousness. Consciousness is regarded as a necessary component of physical reality. In the second half of the XX century there is considerable interest to the hypothesis of the quantum nature of consciousness. However, in the 40 - 80 years, only a few scientific works on the "consciousness and quantum reality" topic appear, despite the fact that the idea to adapt quantum mechanics to the explanation of certain features of consciousness arose at the dawn of the "quantum era". In the 1990s, interest to the subject of the quantum nature of consciousness increased sharply. R. Penrose's "New Mind of the Emperor" can be considered as the beginning of wide interest in this topic. However, it is only in recent years that research in this area has taken a systematic approach. In this regard, we can speak of a "quantum" transition to the study of consciousness, as a completely formed new scientific direction that emerged at the intersection of physics, psychology and philosophy. Here it is worth mentioning the works of I. Z. Cekhistro, H. I. Shvebs (Ukraine), H. I. Shypov, V. N. Volchenko, V. P. Kaznacheyev (Russia), foreign scientists D. Bohm, E. Laszlo, S. Grof, P. Russell, D. Chalmers, F. Wolf, M. Drunval and others. The direction associated with the search for a specific physical realization of the "quantum mechanism of consciousness" in the human brain is being